Little Lessons from Triple G Farms

The First Thanksgiving

Faith & Family Edition



Today's Big Lesson

Thanksgiving is a time to remember our blessings, appreciate the people who help us, and share with others. We can learn from the Pilgrims and the Wampanoag people, whose knowledge and friendship helped the newcomers survive. We can also show gratitude for the many people in our lives today.

Bible Verse

"Be thankful in all circumstances."
1 Thessalonians 5:18, NLT

Did You Know?

The 1621 harvest gathering lasted several days. The Wampanoag people had lived on this land for thousands of years before the Pilgrims arrived, and their history continues today. It is important to learn and respect both their contributions and their story.

Let's Talk About the Story

1. Why were the Pilgrims thankful after their first harvest?
2. How did the Wampanoag people help the Pilgrims?
3. Why is it important to remember and respect the Wampanoag people when learning about the First Thanksgiving?
4. What are three things you are thankful for today?

Fun Learning Activities

Ages 3–5

My Thankful Harvest

Color the harvest foods. In the boxes, draw three things you are thankful for.



I am thankful for...

1.
2.
3.

Ages 6–8

See the Differences ...

Look at the two pictures. How were the Pilgrims' Thanksgiving in 1621 and our Thanksgiving today different?

Then – 1621	Now – Today
	
They shared a harvest meal with simple foods like corn, fish, squash, and wild fowl.	Families often enjoy turkey and many different foods together in their homes.
	
They worked together to plant, grow, and gather food for the harvest.	Today we may visit pumpkin patches, farms, and enjoy fall activities.
	
The Wampanoag people had lived on this land for thousands of years. The Pilgrims lived in simple homes.	Today families often gather in their homes to give thanks for the many blessings in our lives.

Kindness Challenge

- ☐ Share something with someone.
- ☐ Thank a person who helps you (such as a parent, teacher, or friend).
- ☐ Learn something new about the Wampanoag people and their history.
- ☐ Include someone who might feel left out.

Remember ...

Gratitude grows when we share kindness, show respect for others, and remember the good things in our lives!